Hill's™ BFI (Body Fat Index) Risk Chart

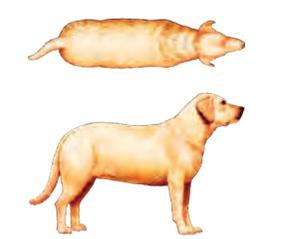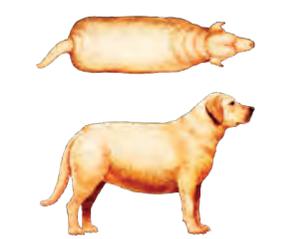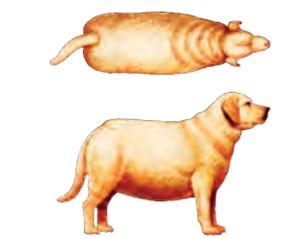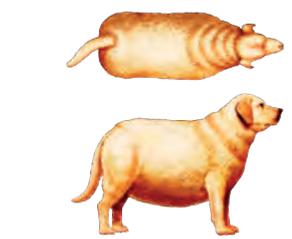| **20** 16-25% Body Fat	**30** 26-35% Body Fat	**40** 36-45% Body Fat	**50** 46-55% Body Fat	**60** 56-65% Body Fat	**70** >65% Body Fat
Low Risk	**Mild Risk**	**Moderate Risk**	**Serious Risk**	**Severe Risk**	**Extreme Risk**
Ribs Slightly prominent. Easily felt. Thin fat cover.	**Ribs** Slightly to not prominent. Can be felt. Moderate fat cover.	**Ribs** Not prominent. Very difficult to feel. Thick fat cover.	**Ribs** Not prominent. Extremely difficult to feel. Very thick fat cover.	**Ribs** Not prominent. Impossible to feel. Extremely thick fat cover.	**Ribs** Unidentifiable. Impossible to feel. Extremely thick fat cover.
Shape From Above Well proportioned lumbar waist.	**Shape From Above** Detectable lumbar waist.	**Shape From Above** Loss of lumbar waist, broadened back.	**Shape From Above** Markedly broadened back.	**Shape From Above** Extremely broadened back.	**Shape From Above** Extremely broadened back, bulging mid-section.
Shape From the Side Abdominal tuck present.	**Shape From the Side** Slight abdominal tuck.	**Shape From the Side** Flat to bulging abdomen.	**Shape From the Side** Marked abdominal bulge.	**Shape From the Side** Severe abdominal bulge.	**Shape From the Side** Very severe abdominal bulge.
Shape From Behind Clear muscle definition, smooth contour.	**Shape From Behind** Losing muscle definition, rounded appearance.	**Shape From Behind** Rounded to square appearance.	**Shape From Behind** Square appearance.	**Shape From Behind** Square appearance.	**Shape From Behind** Irregular or upside down pear shape.
Tail Base Bones Slightly prominent. Easily felt.	**Tail Base Bones** Slightly to not prominent. Can be felt.	**Tail Base Bones** Not prominent. Very difficult to feel.	**Tail Base Bones** Not prominent. Extremely difficult to feel.	**Tail Base Bones** Not prominent. Impossible to feel.	**Tail Base Bones** Unidentifiable.
Tail Base Fat Thin fat cover.	**Tail Base Fat** Moderate fat cover.	**Tail Base Fat** Thick fat cover. May have a small fat dimple.	**Tail Base Fat** Very thick fat cover. Fat dimple or fold present.	**Tail Base Fat** Extremely thick fat cover. Large fat dimple or fat fold.	**Tail Base Fat** Extremely thick fat cover. Large fat folds or pads.

3 steps to determine ideal weight

1 Weigh the pet

2 Determine the pet's body fat percentage using images and descriptors on the reverse side

3 Establish ideal weight using this chart

Current Weight (Kg)	IDEAL BODY WEIGHT (Kg)					
	Body Fat % **20**	Body Fat % **30**	Body Fat % **40**	Body Fat % **50**	Body Fat % **60**	Body Fat % **70**
1	1.0	0.9	0.8	0.6	0.5	0.4
2	2.0	1.8	1.5	1.3	1.0	0.8
3	3.0	2.6	2.3	1.9	1.5	1.1
4	4.0	3.5	3.0	2.5	2.0	1.5
5	5.0	4.4	3.8	3.1	2.5	1.9
6	6.0	5.3	4.5	3.8	3.0	2.3
7	7.0	6.1	5.3	4.4	3.5	2.6
8	8.0	7.0	6.0	5.0	4.0	3.0
9	9.0	7.9	6.8	5.6	4.5	3.4
10	10.0	8.8	7.5	6.3	5.0	3.8
12	12.0	10.5	9.0	7.5	6.0	4.5
14	14.0	12.3	10.5	8.8	7.0	5.3
16	16.0	14.0	12.0	10.0	8.0	6.0
18	18.0	15.8	13.5	11.3	9.0	6.8
20	20.0	17.5	15.0	12.5	10.0	7.5
22	22.0	19.3	16.5	13.8	11.0	8.3
24	24.0	21.0	18.0	15.0	12.0	9.0
26	26.0	22.8	19.5	16.3	13.0	9.8
28	28.0	24.5	21.0	17.5	14.0	10.5
30	30.0	26.3	22.5	18.8	15.0	11.3
33	33.0	28.9	24.8	20.6	16.5	12.4
36	36.0	31.5	27.0	22.5	18.0	13.5
39	39.0	34.1	29.3	24.4	19.5	14.6
42	42.0	36.8	31.5	26.3	21.0	15.8
45	45.0	39.4	33.8	28.1	22.5	16.9
48	48.0	42.0	36.0	30.0	24.0	18.0
51	51.0	44.6	38.3	31.9	25.5	19.1
55	55.0	48.1	41.3	34.4	27.5	20.6
59	59.0	51.6	44.3	36.9	29.5	22.1
63	63.0	55.1	47.3	39.4	31.5	23.6
67	67.0	58.6	50.3	41.9	33.5	25.1
71	71.0	62.1	53.3	44.4	35.5	26.6
75	75.0	65.6	56.3	46.9	37.5	28.1
79	79.0	69.1	59.3	49.4	39.5	29.6

HillsVet.com/Metabolic

* Ideal body weights are calculated using current weight. Body Fat Index may vary slightly by breed and individual.

Hill's

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Developed and validated in partnership with veterinarians at the University of Tennessee.